

## HOW RELIABLE IS THIS TEST?

In the hand of a skilled interventional pathologist, this test is extremely reliable.

Although a FNA is an excellent testing modality, it has its limitations. There is a small probability, usually <10% depending on the size, location and type of lump/ bump that it may not be interpreted as cancer even when cancer is there. Rarely, in 1% or fewer cases, it may falsely be interpreted as cancer when cancer is not present.

We aim to reduce this probability further by performing molecular tests to arrive at the most accurate possible, definitive answer.

Most physicians believe that a FNA procedure is an excellent testing modality.

## ARE THERE ANY RISKS OR COMPLICATIONS?

A fine needle aspiration is usually associated with little to no significant complications.

The most common complications include slight bruising or tenderness of the area for a few days following the procedure.

Over the counter pain meds or applying an ice pack can help.

Please inform us if you use any blood thinners or anticoagulants.

## SERVICES OFFERED:

Ultrasound Guided FNA of superficial masses of :

- Thyroid
- Breast
- Lymph nodes
- Extremities and Trunk

## ULTRASOUND GUIDED CORE BIOPSY

For certain masses, a slighter thicker tissue sample may be needed for evaluation. In that case, a core needle biopsy is performed which will sample small cylinders of visible tissue that can be evaluated under a microscope.

## HOW TO REACH US?

01

Talk to your primary care/ENT/Endocrinologist or other doctor and request them for a referral to us.

02

Feel free to walk in and let us take care of you.

03

Call us and schedule an appointment directly.



## INSURANCE:

AR Diagnostics accepts many insurance plans. Please call for more details. For uninsured patients, we offer self-pay rates as well as payment plans.



## DIRECTIONS:

12000 Richmond Avenue  
Suite 150  
Houston, TX 77082  
Phone: 832-328-8157  
Fax: 713-575-3746

Email: [support@ardiagnostics.net](mailto:support@ardiagnostics.net)



### Disclaimer

The information contained herein should NOT be used as a substitute for the advice of an appropriately qualified and licensed physician or other health care provider. The information provided here is for educational and informational purposes only. In no way should it be considered as offering medical advice. Use of this brochure does not establish a patient-physician relationship. Please check with a physician if you suspect you are ill.



[www.ardiagnostics.net](http://www.ardiagnostics.net)



## AR DIAGNOSTICS

Are you suspecting a lump, bump or mass anywhere in your body? Not sure what to do or where to go? Worried what it might be?

Stop by AR Diagnostics at our Houston location. We are amongst the few outpatient Pathologist run FNA Clinics in the country providing highly specialized fine needle aspiration (FNA) services which can help you understand what you're dealing with.

A fine needle aspiration (FNA) or fine needle biopsy (FNB) is a non-surgical interventional procedure in which a thin needle is inserted into the area of concern and tissue cells are collected for immediate evaluation under a microscope.

## MEET THE DOCTOR



**Ahsan Siddiqi,**  
**MD, MBA, FCAP, FASCP**



Certified by the  
American Board of Pathology  
Promoting Excellence in the  
Practice of Pathology

Dr. Ahsan Siddiqi is an Interventional Pathologist Physician who is Board Certified in Anatomic Pathology, Board Certified in Clinical Pathology and Certified by the College of American Pathologists (CAP) in performing Ultrasound Guided Fine Needle Aspirations (USFNA). Dr. Siddiqi also received his Master's in Business Administration with a focus in Healthcare Management (MBA-HCM) from Rockhurst University. Dr. Siddiqi completed his medical residency training at the University of Missouri-Kansas City (UMKC) and furthered his training with a Surgical Pathology fellowship at Mayo Clinic. Dr. Siddiqi has experience working at renowned institutions including Baylor College of Medicine (BCM), Indiana University Health (IUH) and Cancer Treatment Centers of America (CTCA). Dr. Siddiqi has worked on over 20 research initiatives with publications and presentations at scientific conferences.

## WHY US?

At AR Diagnostics, you have the luxury of receiving multiple services (medical, radiology, pathology, molecular) at the same time without having to go through multiple appointments with different doctors. Additionally, we can provide a preliminary diagnosis before you leave the clinic and a final diagnosis usually within 24-48 hrs.

You're already worried about what that lump/bump could be and the last thing you want is to have to go from appointment to appointment or wait weeks to find out what it is.

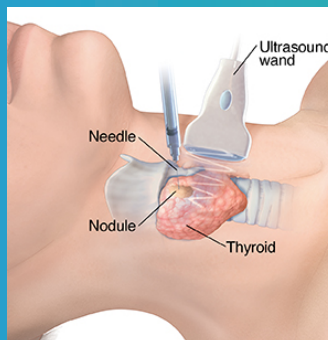
You deserve an answer now and at AR Diagnostics, we streamline the process for you. Stop by AR Diagnostics and let us handle it all!



The interventional pathologist and team will conduct a physical examination first before proceeding to performing an ultrasound to understand the nature of the lump/bump.

During the procedure, a rapid onsite evaluation (ROSE) for adequacy is performed by the pathologist to determine if the sampled tissue contains adequate material.

*There is nobody better than a pathologist who can truly determine the needed adequacy because ultimately it is the pathologist who will be interpreting the cells to determine a final diagnosis.*



**\*\*\*The benefit of coming to AR Diagnostics is that the interpreting pathologist is the one performing the ROSE as well as performing the ultrasound guided FNA (USFNA).\*\*\***

## LENGTH OF PROCEDURE

- The entire procedure from start to finish takes approximately 20-30 minutes.



## AFTER THE PROCEDURE

- You will rest and be observed for approximately 10-15 min after the procedure and thereafter be allowed to resume your daily activities.

## WHAT NEXT?

- The interventional pathologist will begin working on your case right away.
- If needed, additional specialized testing may be required which we will take care of so you don't have to go anywhere else. These tests include but are not limited to:
  - Flow Cytometry
  - Molecular testing
  - Immunohistochemistry tests

## WHEN WILL I GET MY RESULTS?

- A preliminary diagnosis will be rendered before you leave the clinic.
- A detailed report is usually available in 24-48 hours unless additional testing is required.

